

Eye of the Beholder Quilt Design

original hand and machine applique patterns inspired by the world around us

2324 Carriage Drive, Milliken, CO. 80543

info@eobquiltedesign.com – (970) 330-6164

Reverse Appliqué is FUN – Hand and Machine Flowers: Lily, Rose, Sunflower, Apple Blossom, Trumpet Vine

Teacher: Margaret Brewster Willingham, *Eye of the Beholder Quilt Design*

Dates: Monterey Peninsula Quilters Guild, Virtual Workshop

Saturday, June 5, 2021, 10:00 am – 1:00 pm (PST)

Sunday, June 6, 2021, 10:00 am – 1:00 pm (PST)

Learn how fun and easy it is to create a flowering beauty with reverse appliqué. Just two fabrics, a light and a dark and you will see the simple elegance emerge as you stitch, whether you make your flower by hand or machine. This workshop will cover Eye of the Beholder's hand and machine reverse applique techniques: trace, baste, snip & stitch for hand reverse applique and trace, snip, iron & stitch for machine reverse applique. No matter which method you choose for making your class project, you will learn the finer points of the chosen method, plus you will gain stitching confidence to be successful.

There are 5 beginning level flowers to choose from as your class project: *Lily, Rose, Sunflower, Apple Blossom, or Trumpet Vine*. The larger the shapes, the easier the pattern, so you can select the flower block that is perfect for you. For the brand new beginners I recommend the *Trumpet Vine* with its big spaces and graceful curves. For the beginner there's the *Lily, Rose, Sunflower, or Apple Blossom*, each with large spaces, yet some challenging inside points and small circles to help you grow in your skills. (Flowers pictured on the right in order from top to bottom) Each flower makes a 16" block for use in a quilt or to finish as a pillow.

Hand reverse appliqué is a fun labor of love when you trace, baste, snip & stitch! I will lead you step by step through the process. Learn how easy it is to get sharp points, crisp corners and graceful curves. You will love the results you get and you don't get hung up on the pins. Be empowered to do reverse needle-turn appliqué by hand and enjoy it!

Machine reverse applique is quick and easy with our Trace, Snip, Iron & Stitch process. Get the beauty of reverse appliqué in a third of the time with iron-on fusible and satin stitch. Learn tricks and tips for beautifully satin stitched inside and outside points and smooth circles. I will lead you step by step through the process, empowering you to do reverse appliqué by machine.

Come join the fun!

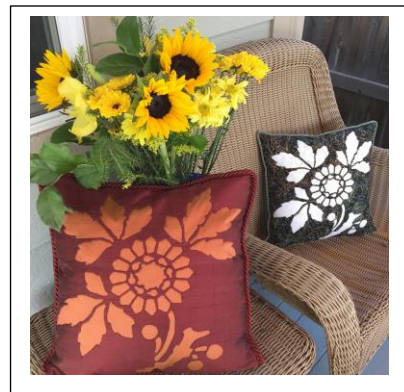
www.eobquiltedesign.com

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Before you go to the supply list, you need to choose how you want to make your flower.

Choose one: Hand Reverse Applique or Machine Reverse Applique

Then select and purchase your flower from www.eobquiltdesign.com.

Select one: *Lily, Rose, Sunflower, Apple Blossom, or Trumpet Vine*



SUPPLY LIST for all students: Reverse Appliqué is FUN – HAND & MACHINE techniques

(We are making the two color version of the flowers, so you only need two fabrics. Batiks are requested because of their tight weave and fine hand. Pre-wash and iron batiks before using.)

- **Required: Flower pattern of your choosing- \$15.50 print/ \$11.75 digital** available at www.eobquiltdesign.com. Choose from *Lily, Rose, Sunflower, Apple Blossom, or Trumpet Vine*.
- 1 – 18" x 18" square of light/ medium batik for background
- 1 – 18" x 18" square of dark batik for top (You will need 2 – 18" squares if you wish to make a pillow)

+ SUPPLY LIST for Hand students: Reverse Appliqué is FUN – HAND only

- 10 – 15 Safety pins for pin basting
- No. 7 sharps needle* for basting
- No. 11 Milliners needle* for appliqué
- 1 spool of 12 wt. Button or quilting thread* for basting (CONTRASTING COLOR to top batik)
- 1 Spool of 50, 60 or 80 wt. or silk thread for stitching (SAME COLOR as top batik)
- 1 pair small, sharp scissors*
- Pencil, frixion gel pen* or marking implement for tracing design onto wrong side of background batik
- Helpful items: Light box (to trace design onto background fabric); Needle threader for small-eyed needles

*We recommend these helpful items available from www.eobquiltdesign.com on the Notions page in our shop.

Check out our convenient *Hand Accessory Kits* that are great for the beginning hand stitchers. Kai 4" slightly blunted bent-handled scissors; No.7 Sharps Needles; No.11 Milliner's Needles; Desk Needle Threader; 12 wt. Basting Thread; Frixion gel pens; Beam N' Read personal light; USB/AC Adaptor.

+ SUPPLY LIST for Machine students: Reverse Appliqué is FUN –MACHINE only

- 1 - 16" x 16" square Soft Fuse* (paper-backed iron-on fusible)
- Terial Magic* spray-on stabilizer (or 1 – 16" x 16" square medium wash-away or tear away fabric stabilizer)
- 1 Spool of 40, 50 wt. or Floriani embroidery thread for stitching (SAME COLOR as top batik)
- Mechanical pencil for tracing pattern onto paper side of fusible
- 8 - 10 safety pins or straight pins for pin basting
- Scotch tape
- 1 pair small, sharp scissors*
- Sewing machine that has a zig-zag or satin stitch
- Open toed Sewing Machine foot *strongly recommended*
- New, sharp 75/11 or 80/12 sewing machine needle (bring an extra)
- Helpful items: Light box (to trace design onto fusible)



*We recommend these helpful items available from www.eobquiltdesign.com on the Notions page in our shop.

Check out our convenient *Machine Accessory Kits* that are great for beginning machine stitchers. Kai 4" bent-handled sharp tip scissors; Soft Fuse 18" x 3 yards; Terial Magic spray-on stabilizer

Be ready for success!

The items on the supply list are specific for a reason. They work. They are the tools I use every day in my work and will help you be successful. After checking your supplies at home, please be sure to order everything you need from the website so you are properly prepared. Having the right tools will make all the difference in the world for your pleasure and success. Remember, in a Virtual class there will not be a product table for you to purchase items from during class if you find your tools are not working. I would hate for you to be frustrated and discouraged. I truly desire for you to have the best possible experience in my class.



*Prep for Reverse Appliqué is FUN – Hand and Machine Workshop: June 5 & 6, 2021

Prep for Reverse Appliqué is FUN – HAND only

- **Purchase pattern prior to class.** Read through the directions for *Reverse Applique by hand: option 1* pages 1 – 3, imagining yourself making the pattern.
- Then read again following the directions for the sections on **Fabric Selection and Preparation** beginning on page 1, and **Pattern Marking steps 1, 2, 3 & 4** under *Reverse Applique by Hand*.
- **Pattern Marking, step 2 - Trace:** When tracing, you need only trace the *outline* of all **black** and **cross-hatched shapes** on your pattern, but you do not need to trace the actual cross-hatching, and the corner and center marks. You will need a marking pencil that contrasts your background batik, and you may find a Light box helpful to see through your background batik while tracing. Scotch tape is helpful if using a window as a light box.
- If you trace with a frixion gl pen, don't iron your layers together. Just smooth them together.
- Pin your dark top batik with your light/medium background batik together with safety pins so that the right side of the dark top batik is seen on the front, and the tracing on the wrong side of the light/medium background batik is seen on the back.
- Have all items on your supply list handy for class

Prep for Reverse Appliqué is FUN – MACHINE only

- **Purchase pattern prior to class.** Read through the directions for *Reverse Applique by Machine: option 2* pages 3 – 4, imagining yourself making the pattern.
- Then read again following the directions for the sections on **Fabric Selection and Preparation** beginning on page 1, **Pattern Marking steps 1, 2 & 3**, and **Ironing and trimming the pattern step 1** under *Reverse Applique by Machine*.
- After finding the center/ quarters of the background fabric. Lay background fabric onto the pattern with the right side down. Pin. Trace the corner and center edge marks. Remove from the pattern.
- **Pattern Marking, step 3 - Trace:** Center fusible on pattern. When tracing the design onto the fusible, you need only trace the *outline* of all **black** and **cross-hatched shapes** on your pattern, but you do not need to trace the actual cross-hatching. I prefer a mechanical pencil for tracing, but any sharp pencil will do. You may find a Light box helpful to see through fusible while tracing. Secure fusible to the pattern with scotch tape or with pins. Scotch tape is helpful if using a window as a light box.
- Fold fusible into quarters, then open. Iron or finger-fold top fabric. Lay fusible onto wrong side of top fabric, aligning center and quarter folds. Iron with a dry iron.
- Have all items on your supply list handy for class

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ABOUT THE TOOLS!

Batiks are the requested fabric for our projects, though top quality hand dyes work well, too, particularly for hand work. The reason is they have a high thread count (220). The high thread count produces a tight weave which will give you a nice “hole” when you baste with the No. 7 Sharps needle and 12 wt. basting thread (see below), and minimizes the fraying as you cut and hand stitch. Occasionally I’ve run into a “hard” batik, but not too often. Batiks and hand-dyes are also beautifully colored fabrics, rich in color and design, and it’s generally irrelevant which is the right side. I recommend pre-washing fabric before beginning your project. The experienced stitcher may choose silks and other beautiful, challenging fabrics to create with.

For Hand Work All items are available in the Notions section of our shop at www.eobquiltedesign.com.

No. 7 Sharps Needles: Our No. 7 Sharps are John James needles that we use for basting in our trace, baste, snip & stitch process for hand reverse applique. They are a thick needle that leave a big hole in the fabric because they separate the fibers of the fabric. We use this hole to see the sewing line as we remove the basting thread and replace it with the stitching line.

12 wt. Hand cotton quilting/ basting thread: When basting we want a thick thread to baste with as it helps to make and keep that hole begun by the no. 7 Sharps needle in our trace, baste, snip & stitch process for hand reverse applique. If you can’t see the holes, you won’t be able to stitch your design accurately. You want your thread in a contrast color to your top fabric. We now have only natural color left in stock at our really cheap price of \$2.00 a spool.

No. 11 Milliner’s Needles: These are our preferred hand stitching needles for hand reverse applique. Made by John James, they are similar to, but stronger than a straw needle, so don’t easily bend. They are gold N’ glide needles which means they have a polymer coating so they glide through the batiks easily, and have no burrs on them. The polymer coating also cuts down on hand/ wrist fatigue.

Kai 4” bent-handled slightly blunt-tipped scissors: An Eye of the Beholder EXCLUSIVE. The bent-handled shape makes them the ideal scissor for trimming out your fabric to create your seam allowance- the blade and fabric can lay flat on the table or in one hand as you cut. Because the fabric is flat it minimizes boo-boos. The slightly blunted tip gives you enough tip to cut deep into your corners, yet the blunted tip glides along the fabric and doesn’t catch on the background fabric when the blade is between your top and background fabrics, which also minimizes boo-boos. These scissors open and close easily which cuts down on hand/ wrist fatigue, and the vanadium steel holds its edge. These are my go to scissors beyond reverse applique, too.

Hand Accessory Kits 2 convenient start-up kits for hand reverse applique

- **Hand Accessory Kit 1. Cost = \$26.00:** 1 – pack No. 7 Sharps needles for basting; 1 – pack No. 11 Milliner’s needle for hand reverse appliqué; 1 spool natural color 12 wt. cotton thread for basting; Kai 4” bent-handled, slightly blunt-tipped scissors for hand work.
- **Hand Accessory Kit 2. Cost = \$19.00:** 1 – No. 7 Sharps needles for basting; 1 – No. 11 Milliner’s needle for hand reverse appliqué; 1 spool natural color 12 wt. cotton thread for basting; Kai 4” bent-handled, slightly blunt-tipped scissors for hand work.

Kai 4” straight blade slightly blunt-tipped scissors: An Eye of the Beholder EXCLUSIVE. I use these scissors to clip my points and curves after trimming out. The slightly blunted tip gives you enough tip to cut deep into your corners, yet the blunted tip doesn’t catch on the background fabric when you are between your top and background fabric which minimizes boo-boos. These scissors open and close easily which cuts down on hand/ wrist fatigue, and the vanadium steel holds its edge. The straight shape helps to make my clips perpendicular to the basting line.

Desktop Needle Threader: I wouldn’t be sewing without it, since I can’t see well enough to thread the tiny eyes of my No. 11 Milliner’s needles. In the blink of an eye my needles are threaded and I’m back to sewing.

Beam N’ Read Personal Light and USB/AC Adaptor (items sold separately): I use my Beam N’ Read light every single day. The elastic neck strap adjusts for easy on/ off over my head and to situate the light once on. Flip up the hood and I have 6-LED lights shining on my project in the same direction as I’m looking at it without any shadows. It’s lightweight, too, even with its 4-AA batteries powering it. Or I can save my batteries by plugging in with the USB/AC adaptor to an outlet or a USB port. Battery operated, it’s great at the long arm, for when the power goes out or for reading in bed, too. Choose quilter’s Purple or business Black.

Frixion Gel Pens: in Black or Blue these make tracing the pattern onto the wrong side of the background fabric a breeze. I would never mark the front of my quilt with these pens as they weren't designed for fabric, but the wrong side of my background fabric will be hidden away inside my quilt when the piece is all done.

Magic Thread: Run your hand sewing threads through your pot of Magic thread before threading your needle and see how easily your thread glides through your fabric as you stitch. Magic Thread reduces static and moisturizes the thread so it tangles and knots less.

For Machine Work All items are available in the Notions section of our shop at www.eobquiltdesign.com.

Soft Fuse: A fabulous fusible. It is a double-sided, paper-backed iron-on fusible that is lightweight yet adheres well, and doesn't gunk up your sewing machine needle. When your piece is done and you wash it, your piece is so soft you can't tell there is any fusible in your quilt. It comes wide, too, so in our larger medallions you don't have to piece your fusible. We sell it in the economical 3 yards x 37" wide roll or the roll of 18" wide x 3 – 1 yard pieces.

Terial Magic: a spray-on stabilizer defined as "Best Press on steroids", and the only stabilizer I use. We use it to stabilize our machine reverse applique pieces before stitching. Spray it on, let it dry about 15 minutes and iron dry the rest of the way. Depending on how much you use, it stiffens your fabric like paper so it won't pucker into your satin stitch. Also great for machine embroidery, applique or if you need to stabilize bias cut quilt pieces. When you are done it just washes out. Can also be used with 3-D art pieces.

Kai 4" bent-handled sharp-tipped scissors: I use these scissors to cut out all my fused reverse applique pieces, no matter the size. The tips are so sharp I can poke right on the edge of the design, and their small size gives me great maneuverability to accurately cut out my shapes. The bent-handled shape keeps the blade and fabric flat on the table and my cutting hand off the piece as it cuts. These scissors open and close easily which cuts down on hand/ wrist fatigue, and the vanadium steel holds its edge. These are my go to scissors beyond reverse applique, too, using them to un-sew seams and satin stitches.

.Machine Accessory Kit. Cost = \$43.45: A convenient start-up kit for machine reverse applique that includes: 1 – 37" x 1 yard piece of Soft Fuse; 1 – 16 oz. Terial Magic; Kai 4" bent-handled, sharp-tipped scissors for machine work.

Other helpful products:

Pin Pals: I use my Pin Pal to hold my Kai scissors, wearing them on my left shoulder. The Pin Pal stays in place by 2 magnets-one in front and one in the back. Of course you can also use it to keep your pins handy.

Perfect Piecing Foundation Sheets: These are fabulous for paper-piecing as they are the weight of a lightweight interfacing. You can run them through your printer to print your foundation patterns on them. You can easily see through them for positioning your pieces, and when you are all done you can leave them in your block for added stability.

Roxanne's basting glue: A must have product for holding the sashing strips in place when doing our quilt-as-you-go class. Also helpful for a fast method of doing bindings...temporarily glue first and then machine sew close to the seam. Heat helps fix it, and then it washes out when you are all done.

Quilt-As-You-Go Handbook: Explains the steps of Pauline Rogers' Quilt-As-You-Go method with all her experiential tips. She gives ideas for quilting and goes beyond the basics of quilting as you go, covering other uses for the sashers for making bias, trim and bindings. Handbook includes pages for making your own personal notes.

Sasher Collection – large set: Make an assortment of sizes of sashings from 1/8" – 2 1/2" quickly for using in our Quilt-as-You-Go classes without burning your fingers. 10 different sasher sizes: 1/8", 1/4", 1/2", 3/4", 1", 1 1/8", 1 1/4", 1 1/2", 2", and 2 1/2". Can also be used for making bias, bindings and trims.